

Full Value Contract

In order for us to get the most out of the preconference, we agree to adopt the following agreements:

- 1) **Go Full Out** - This means stay the full time and give 100% of your effort in all activities while respecting any physical limitations that you might have. You decide what 100% looks like.
- 2) **Speak the truth** - Share your thoughts and opinions honestly. Don't hold back, you may supply the critical piece of information the group needs - just say it in a way that can be heard.
- 3) **Create a safe space** - Maintain a level of safety for others in the group so they can relax and feel comfortable. Value who everyone is, and what he or she brings to the group.
- 4) **Respect Confidentiality** - Things that are shared during the preconference sessions are the property of the group and cannot be talked about without their permission.
- 5) **Acknowledge Each Other** - If you witness a moment of inspiration, personal stretch or preconference bravery... acknowledge it.
- 6) **Step Into Leadership Roles** - During the next two days there will be many opportunities to assume leadership roles. Push through your fears and volunteer.
- 7) **No Stripes** - We have people with different levels of authority and accomplishment in this room. During the course of this preconference, we will assume that we are all of the same rank with everyone's ideas equally respected.
- 8) **No Jingle Jangle Jingle** - During all sessions, electronic communication devices will be muted or shut off in the meeting room. If you must return a call or message, do it outside the room.